## Locate and Recovery Assistance (LARA Miami Valley)

## **Volunteer Equipment Checklist**

Thank you for your willingness to assist our organization! The following checklist is a list of items that we would suggest all volunteers try to pack while out on community searches. This list is not all-inclusive. Some additional items may be beneficial and some items may never be used or needed, but it will give you a good start in ensuring you're adequately prepared for just about anything that is thrown your way.

If you have any questions about this checklist, please reach out to us and we would be happy to help you out!

- Backpack
- Sturdy shoes with ankle support (hiking boots preferred)
- Clean, dry socks
- First aid kit
- Flashlight and/or headlamp
- Water
- Binoculars/monocular
- Sunglasses
- Sunscreen
- Rain gear
- Work gloves
- Powder-free latex/nitrile gloves
- Large Zip-Loc bags
- Toilet paper
- Camp shovel
- Compass
- Fully-charged mobile phone w/ CalTopo app installed
- Walking stick (approximately 6' long)
- Spare batteries for any electronic devices
- Snacks/Protein bars
- Change of clothing
- Rope w/ carabiner(s)
- Waders
- Warmer/cooler clothing for weather/temperature changes

- High visibility ribbon/flags/marking paint
- Yellow safety vest
- Bug repellent
- Lighter
- Hand/foot warmers
- 2-way FRS/GMRS radio(s)
- Metal detector (as needed)